

Pershing Elementary

6402 Judson Street, 68507

Website: <http://wp.lps.org/pershing/>

Phone: 402-436-1160



Upcoming Events

September 4

PPTO meeting @ 6:00 in the library

September 4

After school clubs begin

September 6

Fundraiser Packet Turn-in

September 17

Staff & Student photos

September 20

Grade 3 & Grade 5 to Morrill Hall

September 21

Grade 3 & Grade 5 to Morrill Hall

September 26

PLC Early Dismissal @ 1:33
No Preschool

Dear Families,

At Pershing, our mission is a community working together to educate lifelong learners. We are committed to providing a safe, orderly, and respectful environment, that promotes high levels of student engagement and performance.

During the past few weeks' students have learned and practiced classroom & school wide routines, procedures, and expectations. These expectations are important to ensure students understand both behavioral and academic expectations that will help them be successful.

We invite you to become an active, collaborative partner in the Pershing School Community. Together, we make a difference!

Sincerely,

Jamie Cook, Principal

Need Assistance?



The MyLNK app connects you to every service and nonprofit in Lincoln.

It's free to use and does not require an internet connection after it's downloaded.



MyLNK is made possible by the Center for People in Need, Leadership Lincoln, and Don't Panic Labs.

Like us on Facebook!

Pershing Elementary School



Growth Mindset

What is it?

- We used to think that our intelligence was fixed – meaning we were either smart or we weren't. Scientists have proven again and again that simply is not true. Our brain acts like a muscle – the more we use it, the stronger (and smarter) our brain becomes.

Is Your Mindset Fixed?

A person with a fixed mindset may do these things:

- Avoid challenges
- Give up easily
- Ignore feedback
- Become threatened by other people's success
- Try hard to appear as smart or capable as possible

What Does Growth Mindset Look Like?

A person with a growth mindset may do these things:

- Embrace challenges
- Give their best effort
- Learn from feedback
- Become inspired by other people's successes
- Believe their intelligence can change if they work hard

Ways to help your child:

Talk About It

- Talk with your child about his or her day, but guide the discussion by asking questions like:
 - Did you make a mistake today? What did you learn?
 - What did you do that was difficult today?

Praise the Process

- Instead of saying, “You’re so smart!” – praise effort, goal setting, persisting through challenges, or being creative. You can say something like:
 - Wow! You must have worked really hard on this!”

Encourage Failure (say what?!)

- Your child needs to know that failure can (and often does) happen and **it is okay!** Remind them that each time they fail and try again, their brain is growing stronger! Don’t step in to prevent your child’s failure – this is how they learn to persevere in the face of challenges.

The Brain Can Grow!

- Remind your child that **his or her intelligence is not fixed**. Remind them that when things are difficult, their brain grows if they persist through the challenge. Each time they learn something new, their brain is making new connections. Your child needs to know this is possible.

Help Them Change their Dialogue

- The way your child talks to themselves makes a huge impact on his mindset. If they say, “This is too hard!” help them change that to “I can’t do this yet, but I will keep trying.” Give them the words to say when they are feeling defeated by modeling it yourself!

IMPORTANT! Arrival Drop off & Dismissal Pick-Up

- For morning drop off please see Pershing’s arrival traffic plan located in the Student/Parent Handbook. It is important that you become familiar with this traffic pattern to ensure the safety of all our Pershing students. The south side of Judson Street is not a safe spot to drop students off. This side of the street is a No Parking Zone, please do not drop students off on the south side. Follow the recommended traffic and use the cut-out to temporarily park to drop students off, or the north side of Judson (along the school side) to drop students off.
- At Dismissal, students will only cross at the crosswalks at 64th & 63rd and Judson. There are certified staff members placed at these locations and will be able to help students safely cross the street. Please do not wave your student across the street. Thank you for your flexibility and understanding in making sure that our students arrive and get home safely each day.



Safety Reminder

We are working really hard to teach students how to be safe when they come to school and leave school. Please help us by reminding your children to use the crosswalks at all times. Crosswalks signal drivers that adults and children may be crossing, so they are more aware in these areas. With cars coming up and down

Judson and the pull up lane, it is important students have distance between themselves and the moving traffic. Thank you for your participation in keeping all students safe!

Volunteering at Pershing:

You can make a difference in the life of a student by serving in variety of volunteering opportunities: reading to a child, shelving books in the library, and much more. Each and every volunteer helps our students learn, grow and succeed. We are grateful to you for sharing valuable time with Pershing and LPS.

We have established several volunteer “levels”, based on contact with students and supervision by LPS staff. Please see below to determine which level applies to your volunteer interest.

Level 1: If you are interest in a Level 1 volunteer activity, simply contact Pershing. You are not required to fill out a volunteer form. (Examples may include but are not limited to: helping with a school mailing or helping in the media center shelving books.)

Level 2 or 3: If you are interested in a Level 2 or 3 volunteer activities, please fill out the volunteer form located on our volunteer webpage. Make sure you fill out all the application fields completely and accurately. The link is also located on the front of the LPS website (www.lps.org), under Popular Pages.

You will be asked to provide basic information, as well as sign a Volunteer Code of Conduct and a Personal Disclosure. This information is necessary in our continuing effort to provide safety and security to our students and staff.

Link: <https://wapp.lps.org/gold/volunteer/volunteer.cfm>

PBiS at Pershing:

- * We welcome our students back to school with lots of teaching of our expectations. We want our students to know exactly how to behave in all areas of our school. We teach, model and give feedback on the positive behaviors that we want more of at Pershing. Our school expectations are: Be Safe, Be Respectful, and Be Responsible. Have you noticed these expectations posted around the school? Consider using this common language when you teach positive behavior outside of school too. We are excited to have a positive and productive school year!

Health Office News

Tips for a Healthy and Happy School Year From the Health Office

- 1) Keep emergency contact information current. If there is an emergency, the school staff and the school nurse need your most up-to-date contact information in order to reach you quickly.
- 2) **Emergency Action Plans:** If your child has a health condition such as **asthma, seizures, diabetes, anaphylactic allergies, or any other health condition** that warrants an Individualized Health Plan, please contact your school nurse. An updated health plan for all serious health conditions is necessary prior to school each fall so that the nurse and school staff with educational need to know are prepared for the child's first day of school. A blank copy of most action plans can be found on the LPS website under "Health Services".
- 3) Make sure your child gets enough sleep. Sleep will help your child achieve a healthy lifestyle and stay focused in the classroom.
- 4) Pay attention to your child's eating habits. Diet affects your child's health and learning potential. Teaching children to eat healthy by setting an example will help them to make good food choices. Make sure your child has breakfast every morning. Breakfast provides the fuel to help your child perform at his or her best. If you're running late, healthy breakfast bars (check the label) or fruit can be an option.
- 5) Tell the school if you think your child has a serious or contagious disease. Some diseases can easily spread to others. The school nurse can work with the health department, school staff, and other families to help control the spread of disease.
- 6) Keep your child active. Activity is an important part of overall health. Not getting enough exercise can cause weight gain which can lead to other potentially serious health problems.
- 7) Be alert for possible signs of head lice. Monitor your child for signs of head lice such as frequent head scratching. Screen your child regularly and notify us immediately if head lice are detected. Remember: it is best to treat only the family member who is infested. Always feel free to utilize your school nurse as a resource if you have questions!
- 8) Remember: prescription medications given at school can only be administered after the completion of a parental permission form. They also need to be brought to and from school in the original prescribed container.
- 9) **Parents of Kindergarteners and Preschool children: PLEASE BRING THESE COMPLETED REPORTS TO THE SCHOOL HEALTH OFFICE IF YOU HAVE NOT DONE SO ALREADYASAP:**
 - ***Complete Immunization Record (including kindergarten shots)***
 - ***Physical Exam Report (must be no earlier than 6 months from start of school year)***
 - ***Vision Evaluation Report***
 - ***Dental Exam Report***
 - ***Health History Inventory***

* All above forms can be found on the LPS website, www.lps.org, under the “Parent” tab

LINCOLN PUBLIC SCHOOLS’ HEALTH SERVICES GUIDELINES

HEALTH SCREENING AT SCHOOL.

*****Please note the district-wide exclusion date for immunization non-compliance is October 12, 2018.**

10) Finally, The Health Office is still missing some student (K-4th) dental visit dates. Many students have been seen by their dentist but have not reported their visit date to the Health Office.

You can call 402-436-1160 ext. #2 or e-mail dental visit dates to nfuller2@lps.org. Thank you so very much!

Please advise the school nurse if you have a health concern about your child and keep us informed of any changes. Students are screened for height, weight, vision and hearing during the school year. Any screening results that are a concern will be referred to the parents/guardians.

Here’s hoping your School Year is the best ever!

PBiS at Pershing

We welcome our students back to school with lots of teaching of our expectations. We want our students to know exactly how to behave in all areas of our school. We teach, model and give feedback on the positive behaviors that we want more of at (insert name). Our school expectations are (Be Safe, Be Respectful, and Be Responsible). Have you noticed these expectations posted around the school? Consider using this common language when you teach positive behavior outside of school too. We are excited to have a positive and productive school year.



Reminders

IMPORTANT: Arrival Times

- ✓ Students may arrive @ 7:45 for breakfast
- ✓ Students who are not eating breakfast should arrive @ 8:00

**No supervision prior to 7:45

Community Spirit Day

Every Friday is Community Spirit Day!

Students can wear their Pershing shirt or **purple**

OR

Students can wear their Husker shirt or **red**.

Cherry Dale

Fundraiser Kick-off: Aug. 23

Fundraiser Packets Due: Sept. 6

Fundraiser Pick up: Oct. 5

*3:00-6:00 in the gym

Boys Town Social Skills: Below are the following social skills we have been teaching, practicing, and reinforcing. These are great skills you can teach, practice, and reinforce at home as well.

Greeting Others

Following Instructions

1. Look at the person
2. Say “okay” or nod your head
3. Do what was asked, right away

1. Look at the Person
2. Use a pleasant voice
3. Say “Hi” or “Hello”

Accepting ‘No’ for an Answer

1. Look at the person
2. Say “okay” or not your head
3. Stay calm
4. If you disagree, ask later

Pumpkin Run 2018



Register Today for the 17th Annual Pumpkin Run!

When: Saturday, October 6, 2018

Where: Seacrest Park, Lincoln (70th & A)

The **Pumpkin Run** is the largest one-mile youth cross-country fun **run** in the nation, attracting nearly 3,500 elementary-aged runners every year!

With a registration fee of only \$12, all runners receive a Pumpkin Run shirt

Experience a great event at one of Lincoln's most beautiful parks at the 2017 **Pumpkin Run**. **Learn more and register at NebraskaSportsCouncil.com**. But hurry! Entry deadlines are approaching.

Make sure to "[Like](#)" the **Pumpkin Run** Facebook Page!

If you have any questions please contact Mr. Wendelin (dwendel@lps.org)



THE BIG TICKET

Free Admission for any Lincoln Public Schools Student holding **THE BIG TICKET** with a paid adult to any LPS sponsored athletic event.

FOOTBALL

Thursday, September 13

Lincoln Southwest vs. Elkhorn @ Seacrest 7:00 pm

Friday, September 14

Lincoln North Star vs. Omaha South @ Seacrest 4:30 pm

Lincoln Southeast vs. Lincoln East @ Seacrest 8:00 pm

VOLLEYBALL

Tuesday, September 11

Lincoln East vs. Lincoln Northeast @ Lincoln East 6:30 pm

Lincoln Southwest vs. Grand Island. . . @ Lincoln Southwest 6:30 pm

Lincoln High vs. Fremont @ Lincoln High School 6:30 pm

Friday, September 14

LPS Championship . . . @ Lincoln Southeast and Southwest 3:00 pm

Saturday, September 15

LPS Championship . . . @ Lincoln Southeast and Southwest 8:30 am

SOFTBALL

Monday, September 10

Lincoln High vs. Lincoln East @ Doris Bair 5:00 pm

Lincoln Southeast vs. Lincoln Southwest @ Doris Bair 5:00 pm

Tuesday, September 11

Lincoln North Star vs. Grand Island @ Doris Bair 5:00 pm

Lincoln High School vs. Omaha North @ Doris Bair 5:00 pm

Lincoln Northeast vs. Lincoln Southwest @ Doris Bair 5:00 pm

Thursday, September 13

Lincoln Southeast vs. Fremont. @ Doris Bair 5:00 pm

