November Newsletter

Pershing Elementary

6402 Judson Street, 68507

Website: http://wp.lps.org/pershing/

Phone: 402-436-1160



Veterans and Grandparents are invited to join us on Monday, November 11th to celebrate Veteran's Day and Grandparents' Day. Veterans please wear your hat or uniform and be ready to talk with groups of students about the branch of military you served. Grandparents will meet with groups of students to talk about the days when they attended elementary school.

7:45: Grandparents & Veterans enter door #1 and go to the gym for coffee cake

7:45: Students go to door #2 for breakfast in the cafeteria

8:10: Grandparents & Veterans recite the pledge with the students in the gym.

8:15-8:45: Grandparents & Veterans go to your grandchild's classroom for small group discussion



Upcoming Events

November 5

PPTO @ 6:00 in library: Mrs. Cook will hold our Annual Title 1 Parent Meeting

November 11

7:45-8:45: Grandparents' & Veterans Day

November 21

Holiday Meal

November 26

PLC Early Dismissal @ 1:33 p.m.

No school for Preschool

November 27-29

Thanksgiving Break: No School for all LPS Students

December 2

Elementary Plan Day: No School for Elementary Students

IMPORTANT! Arrival Drop off & Dismissal Pick-Up

When dropping your student off at arrival time you have several options for a safe drop off.

- 1. Pull up to the curb in the drop-off spot leading to door #2. Please have your kids ready to exit the curbside of the car. There is NO PARKING in this area.
- 2. Pull in the cutout in front of the school and park.
- 3. Pull around the corner on 63rd in front of the cone.

Your help with the following procedures will help students start their day in a safe and efficient manner.

Students should arrive between 7:45-8:00 if they are eating breakfast at school. We must stop breakfast at 8:00 to get student to class on time and begin preparation for lunch.

Students not eating at Pershing should arrive between 8:00-8:15. School start time is 8:15

There is no supervision outside prior to 7:45. Please follow these guidelines for arrival time to best support your student(s) at Pershing

Volunteering

You can make a difference in the life of a student by serving in variety of volunteering opportunities: reading to a child, shelving books in the library, and much more. Each and every volunteer helps our students learn, grow and succeed. We are grateful to you for sharing valuable time with Pershing and LPS.

We have established several volunteer "levels", based on contact with students and supervision by LPS staff. Please see below to determine which level applies to your volunteer interest.

Level 1: If you are interest in a Level 1 volunteer activity, simply contact Pershing. You are not required to fill out a volunteer form. (Examples may include but are not limited to: helping with a school mailing or helping in the media center shelving books.)

Level 2 or 3: If you are interested in a Level 2 or 3 volunteer activities, please fill out the volunteer form located on our volunteer webpage. Make sure you fill



Reminders

IMPORTANT: Arrival Times

- ✓ Students may arrive @ 7:45 for breakfast
- ✓ Students who are not eating breakfast should arrive @ 8:00

**No supervision prior to 7:45

Community Spirit Day

Every Friday is Community Spirit Day!

Students can wear their Pershing shirt or **purple**

OR

Students can wear their Husker shirt or **red**.

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out all the application fields completely and accurately. The link is also located on the front of the LPS website (www.lps.org), under Popular Pages.

You will be asked to provide basic information, as well as sign a Volunteer Code of Conduct and a Personal Disclosure. This information is necessary in our continuing effort to provide safety and security to our students and staff.

Link: https://wapp.lps.org/gold/volunteer/volunteer.cfm

Pershing Family Engagement:

Thanksgiving Holiday meal on Thursday, November 21st

• If you are planning on eating at the school with your student on this day, please make sure you have completed the form and it has been turned into the main office. Students will eat during their scheduled lunch times. If you have more than one student, identify the student's name on the form you will be eating with. Parents may join their children at their designated times. On the day of the meal, you will check in with the security entrance monitor and receive your ticket for lunch.

Additional News

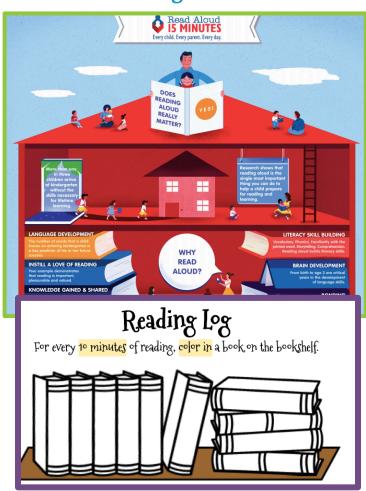
Library News: Read Aloud 15 Minutes - www.readaloud.org

Reading at Home:

Pershing Families:

Your student is invited and encouraged to take part in our school's "Look Who Got Caught Reading" challenge. We want to get students excited about reading and being read to, and we want to encourage families to read with their children. Reading with your child daily is one of the most important things you can do to help your student be successful in school.

Here's how it works. Your student will be given a reading log. For every 10 minutes of reading time, students will color in one book on the bookshelf. So, if your student(s) read for 30 minutes, they would color in 3 books on the bookshelf. Reading time could be your student(s) reading independently or to themselves, reading with someone (you, a sibling, cousin, friend, grandparent, etc.), reading high frequency word flashcards, etc. Please help your student fill out the log and return to school. Every Friday we will collect the total time each grade level reads and post those results on the "Look Who Got Caught Reading" bulletin board at the front of the school.



We are SO excited to focus on reading and developing the love of reading in all students. Please let us know what questions you might have. We are looking forward to our reading challenge and 'catching' readers, reading!

Thanks for your help,

Mrs. Cook Principal



Multi-Tiered Systems of Support (MTSS) at Pershing:

At Pershing we are creating a safe, predictable, positive school climate by establishing clear expectations and we are dedicated to teaching both academics and behavior. Having clear expectations and explicitly teaching them means students know exactly what they are to do and the likelihood of appropriate behavior increases.

We want our students to know exactly how to behave in all areas of our school. We teach, model and give feedback on the positive behaviors that we want more of at Pershing. This includes teaching in all common areas like the lunchroom and playground, as well as in the classroom. Our school expectations are Be Safe, Be Respectful, and Be Responsible. Have you noticed these expectations posted around the school? Consider using this common language when you teach positive behavior outside of school too.

Boys Town Social Skills: Below are the following social skills we have been teaching, practicing and reinforcing. These are great skills you can teach, practice and reinforce at home as well.

Accepting Compliments

- 1. Look at the person
- 2. Use a pleasant voice.
- 3. Say "Thank you"

Having a Conversation

- 1. Look at the Person
- 2. Use a pleasant voice
- 3. Listen to what the other person says
- 4. When there is a break in the conversations,
- 5. ask a question or share your thoughts.

Asking for Help

- 1. Look at the person
- 2. As the person if he or she has time to help you
- 3. Clearly explain the kind of help you need.
- 4. Thank the person for helping.









CLC Quarter 2 Club

Enrollment Information:

Registration:

Nov. 4- Nov. 8

Begin: Nov. 11

Additional News*

Screen Time and Technology: How much is too much?

Youth today are immersed in a digital world. Smartphones, the internet, social networks and gaming draw youth of all ages into the ever-growing online world of communication and entertainment. According to a study by Pew Research Institute:

- 95% of all teens have access to a smart phone.
- 45% of teens say they are online "almost constantly".
- YouTube, Instagram and Snapchat are the most popular online platforms amongst teens, ages 13-17.
- The average teenager has 18-24 apps on their phones.
- 90% of teens say they play video games of any kind (whether on a computer, game console or cellphone).

Additionally, many of our schools are tapping into the technology of electronic devices for educational tools. The internet has opened doors to avenues of learning that include online research, assignments, tests and digital presentations and projects. There is no doubt that technology comes with many benefits but it also comes with risks. As technology advances and accessing electronic devices becomes more necessary for children and teens, knowing how much is too much can be challenging for parents and educators.

Adults can help prevent excessive screen time and over use of technology by guiding children and teens to find a healthy balance. Just as we spend time teaching our kids how to ride a bike or drive a car, we also need to teach them the rules of safe social media, internet use, electronic communication and gaming. This is a new reality for educators and parents alike. Helping youth develop a healthy balance of screen time without using technology as an escape from real world challenges, emotions and socialization can be challenging. So how much is too much?

A healthy allotment of screen time is one that doesn't disrupt developmentally important parts of a child/adolescent's life including:

- Seeing friends and interacting with them in real life
- Participating in extracurricular activities they're excited about

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- Keeping up with academic classes and doing homework
- Building positive relationships with family members
- Getting enough sleep

Without adult guidance, it can be easy for kids and teens to let their electronic use get out of control. Parents can positively influence children by educating youth about healthy screen time and technology use. Do your research and engage in regular conversations about phone use, apps, social media and gaming. Other strategies include:

- Creating "technology free zones"- the dining room can be a great place to establish a technology free zone, reserved for meals and family conversation. For children, keeping electronics out of bedrooms is also recommended to improve sleep habits.
- Establish times to unplug-meal times, an hour before bed, during family activities, etc.
- Role model healthy habits- youth often learn more by what you do than what you say. Parents can teach youth to create healthy habits by monitoring their own use and screen-time behaviors.
- Encourage physical activity- Help your children/teens find physical activities that they enjoy that enforce time away from their screens.

For additional tips on developing healthy technology use, tap into the resources below:

- https://www.commonsensemedia.org/
- http://www.connectsafely.org/
- http://www.cyberwise.org/
- https://cyberbullying.org

References: The American Academy of Pediatrics; www.cyberwise.org; www.commonsensemedia.org; www.connectsafely.org; Pew Research Institute

Safety Reminder

participation in keeping all students safe!

We are working really hard to teach students how to be safe when they come to school and leave school. Please help us by reminding your children to use the crosswalks at all times. Crosswalks signal drivers that adults and children may be crossing, so they are more aware in these areas. With cars coming up and down Judson and the pull up lane, it is important students have distance between themselves and the moving traffic. Thank you for your

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